



Inspire Change

Every person and organization needs to change in order to survive. Michael Gerber, author of the E-Myth explains: The species that survives is not the strongest or smartest but the one that best adapts to change. Not having the capacity for changing and adapting leads to extinction, be that for a business, an idea, a concept, or an entire species.

We as human beings have a huge resistance to change. If you look at the last century alone we have made enormous technological advances, but as human beings, we have not advanced all that much, have we? We can put a man on the moon, but we're still barbarically murdering each other all over the world.

How then do we bring about change? Many different ingredients are needed to bring about change but allow me to draw your attention to the ingredient that in my opinion is the heart of the matter.

Let me illustrate with a personal story. One day I felt like I was becoming my father, or a combination of my father and grandfather put together. Each one of them has great qualities, but with respect ... I want to be me!

In observing myself and thinking about this, I realized that I was spontaneously acting out genetic behaviors, a certain way of thinking, a certain type of acting (or mostly reacting in my case).

I resolutely did not want to manifest this type of behavior and decided to take charge. I was going to eliminate everything around me that contributed to the manifestation of my genetic patterns... "You, shut up because you stress me out! You, stop that because it drives me crazy! You, get out!"

Here is where I discovered the big problem. "I" did not want to change. "I" wanted to change everybody else. I wanted those out there to behave in such a way as to not trigger my genetic patterns. Instead of changing, I wanted to control everybody else... and that my friends, is the moral of the story!

It seems like we never initiate change voluntarily, and when we are finally confronted with having to make a change, our first response is to try to control the situation and maintain the status quo. If that does not work and we realize we really do *have* to change (usually because we feel that we are going to lose something if we don't), we generally move just far enough away from the fire not to get burned.

Today I am experiencing a whole new type of movement, one where we break away from the pack, change that is caused by inspiration, and by the experience of the unlimited expression of who we are.

It is also my experience that if we quit our own excuses, something rather extraordinary happens; besides experiencing the benefits in our own lives we inspire change by example, instead of trying to control. And, because we don't put up with our own excuses, we no longer give space for anybody else's excuses either.

So, where to start? Begin with what you already know you should be doing but continue to avoid.

Good luck!

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As an investor himself, as well as a licensed Realtor®, Dimitri has over a decade of real estate experience. Dimitri's specialties include primary residences, second homes, investment properties, commercial properties and land. He has been recognized for being a Multi-million Dollar Producer, and is an accomplished Realtor® committed to superior results for his clients.

"Strive not to be a success but rather to be of value" Albert Einstein